



## ANNOUNCEMENT:

Dear Patients;

After more than a dozen years serving the community at Holistic Elements, I am writing to let you know that Friday, January 12, 2024, is the last day that I will be regularly seeing patients. I have accepted a position with the Department of Veterans Affairs as an acupuncturist for the VA. I have a strong connection to the VA -- both my father and grandfather served as officers in the U.S. Navy, and received medical care through the VA -- and this opportunity felt like an appropriate way to honor that connection.

It has been my honor to get to know you, and to be a trusted member of your healthcare team. For those who might be seeking alternative healthcare providers, I can refer you to the following experienced practitioners in the Wilmington area:

**Kris Petersen**

Bodytech Acupuncture  
910-200-8806  
[www.bodytechacupuncture.com](http://www.bodytechacupuncture.com)

**Allison Larmee Born**

Cape Fear Community Acupuncture  
910-352-4555  
[www.capefearacupuncture.com](http://www.capefearacupuncture.com)

**Leon McKay**

McKay Healing Arts  
910-791-1981  
[www.mckayacupuncture.com](http://www.mckayacupuncture.com)

I will be available for remote health and nutritional consultations on a case-by-case basis. If you have any questions, do not hesitate to ask.

The one certainty in life is that nothing is certain, and we cannot know what the future holds. This is especially true in light of the fact that the VA operates several facilities in Southeastern North Carolina, including a clinic right here in Wilmington. Perhaps our paths will cross in the future.

Thank you so much for trusting me with your health and health care. I consider myself privileged to have worked with you to improve your health, well being, and life.

Best Regards,

Brendan C. Cook, MA, MS, LAc